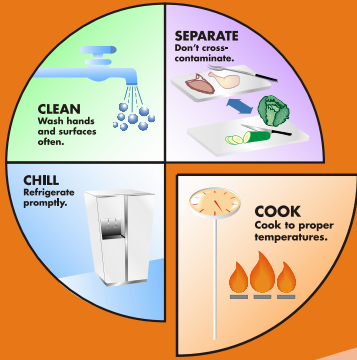


Cooking Temperatures



Cook food to a minimum internal temperature of :



Whole Poultry
(chicken, turkey)

82°C

180°F



Poultry Pieces or
Ground Poultry

74°C

165°F



Hazardous Food
Mixtures

74°C

165°F



Ground Meats
(beef, pork, lamb)

71°C

160°F



Pork & Pork Products

71°C

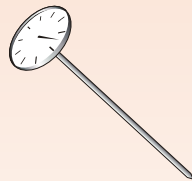
160°F



Fish

70°C

158°F



Use a probe thermometer to check cooking temperature.

For more information call the
Halton Region Health Department at:
905-825-6000

Toll Free: 1-866-4HALTON (1-866-442-5866)

TTY: 905-827-9833

www.region.halton.on.ca/health

Visit www.fightbac.org

