



Nelson High School

4181 New St., Burlington, Ontario L7L 1T3-905 637 3825

Greetings to all Grade 9 Parents!

Your child is starting high school! Kindergarten probably doesn't seem that long ago!

As parents, we are sometimes unsure of our role as our kids move into high school. Our kids seem to push us away so how involved should we be?

The truth is this is the time when you need to be involved. Parental involvement looks different at this stage, but it is just as important as that first day of Kindergarten. According to the [Search Institute](#) "youth are more likely to grow up healthy when their parents are involved in their education and school".

Being involved is not just about involvement on School Council. This may be an interest for you, but if not, keep in mind that involvement looks different in every family. Work schedules, extra curricular activities, personal interests and other obligations all affect what our involvement looks like.

1. Be connected. Talk to your child about their day at school.
2. Make time and space for homework. Recognize and praise effort, not perfection.
3. Nelson has a great [website](#), check it out for school events, links to [teacher webpages](#) and while you are there take time to check out the [Parent tab](#). This is a great way to stay informed and connected.
4. Volunteer to help out at the school in small ways. Your skills and interests are indispensable and any contribution you can make; be it assisting with a school phone tree or sharing a skill with a group of students the Nelson School Community values you and your time.
5. Attend events at the school such as the grade 9 parent night on September 22nd, various sporting/music events or the monthly [Thursday at 9am](#) parent coffee hour. This gives you an opportunity to meet other parents and get to know Nelson and the school community.

The possibilities are endless and the results are invaluable. Your teen will be more successful in school, less likely to take part in risk taking behaviours and it is well known that "**good schools become even better schools when parents are involved**".

Remember to join us on September 6th at 8:30am to discover
["How to Help Your Teen Succeed in High School"](#)

It is going to be a great year!

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